

# Elementary Menu - HPE/GWF

## January 2022

### DAILY OFFERINGS

Choice/Alternate Sandwich  
Garden Salad  
Peanut Butter & Jelly  
Assorted Fresh Fruit  
Assorted Canned Fruit  
Fresh Carrots & Celery  
Assorted Fresh NYS Milk

### Meal Pattern Compliance

All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected

### DAILY BREAKFAST OFFERINGS

Assorted Cereals  
Fresh Fruit/Fruit Juice  
Yogurt  
String Cheese  
Assorted Fresh NYS Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
BBQ RIB PATTY on a Bun  Vegetarian Baked Beans <u>Breakfast</u> Mini Pancakes	MARINATED CHICKEN SANDWICH (unbreaded)  Carrot Coins <u>Breakfast</u> WG Choc ChipMuffin	POPCORN CHICKEN  Corn Kernels <u>Breakfast</u> Egg Omelet	TANGERINE CHICKEN w/Rice  Broccoli Florets <u>Breakfast</u> Cereal Bar - Cinn Tst Crunch	MOZZARELLA STICKS  Jolly Green Beans <u>Breakfast</u> Mini Waffles
10	11	12	13	14
HOT DOG & TATER TOTS  Jolly Green Beans  <u>Breakfast</u> Nutri-Grain Bar - Apple	CHICKEN & GRAVY  Mashed Potatoes Corn Kernels  <u>Breakfast</u> French Toast Sticks	CHICKEN NUGGETS  Rice Broccoli Florets  <u>Breakfast</u> Egg Omelet	PIZZA DAY! Cheese/Pepperoni/Garlic  Vegetarian Baked Beans  <u>Breakfast</u> Mini Pancakes	FISH SANDWICH w/Tartar Sauce  Carrot Coins  <u>Breakfast</u> WG Blueberry Muffin
17	18	19	20	21
No School 	MAC & CHEESE  Carrot Coins <u>Breakfast</u> WG Choc ChipMuffin	CHICKEN PATTY SANDWICH  Broccoli Florets <u>Breakfast</u> Egg Omelet	TEXAS WESTERN PULLED PORK  Cole Slaw Vegetarian Baked Beans <u>Breakfast</u> WG Pop Tarts	SLOPPY JOE SANDWICH  Jolly Green Beans <u>Breakfast</u> Cereal Bar - Cocoa Puffs
24	25	26	27	28
HOMEMADE GOULASH  Corn Kernels <u>Breakfast</u> Mini Pancakes	HAM & CHEESE CROISSANTS  Carrot Coins <u>Breakfast</u> WG Choc ChipMuffin	CHICKEN TENDER WRAP  Sweet Green Peas <u>Breakfast</u> Egg Omelet	CHICKEN TERIYAKI w/Rice  Broccoli Florets <u>Breakfast</u> Cereal Bar - Trix	MINI CORN DOGS  Jolly Green Beans <u>Breakfast</u> Mini Waffles
31				
MACHO NACHOS  w/Tostitos Nacho Chips Black Beans <u>Breakfast</u> Mini Waffles				<u>Choice/Alternate Sandwich Days</u>  Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad

For nutritional information please visit [www.hpschools.org](http://www.hpschools.org) or email [ccasab@hpschools.org](mailto:ccasab@hpschools.org)

Menu subject to change